



ORGANIZATIONAL PROFILE



TANZANIA BETTER HEALTH



ABOUT TBH

Tanzania Better Health (TBH) is a non-governmental, non-profit, non-partisan organization registered in Tanzania under the Non-Governmental Act No. 24 of 2002 with registration number OONGO/R/0926. The organization operates in Tanzania mainland with the headquarters located in Kigamboni, Dar es Salaam.

VISION

TBH envisions to be a national leading innovative non-government organization dedicated to improving the health of citizens of Tanzania.

MISSION

TBH serves the society by empowering and engaging the community and healthcare providers through training, community service, research and policy promotion while partnering with the government and other like-minded stakeholders.

KIGAMBONI, MBWAMAJI STREET | P. O. BOX 71129, DAR ES SALAAM, TANZANIA | WEBSITE: WWW.TBH.OR.TZ | MOBILE: +255 746 354 614 OR +255 757 971 173 | EMAIL: TANZANIA.BETTERHEALTH@GMAIL.COM

TANZANIA BETTER HEALTH



CORE VALUES

Compassion | Volunteerism | Trust | Excellence | Partnership

FOCUS AREAS

*Child Health | Adolescents Health | Maternal Health | Nutrition |
Communicable and Non-communicable conditions*

OBJECTIVES

- To advocate for prevention and control of major public health problems in Tanzania including communicable and non-communicable diseases*
- To enhance screening and counselling services for major health issues affecting women, children and adolescents*
- To promote research on major health issues especially those affecting women, children and adolescents*
- To lobby and promote policy development for improving the health of women, children and adolescents*
- To advocate for public health economy*

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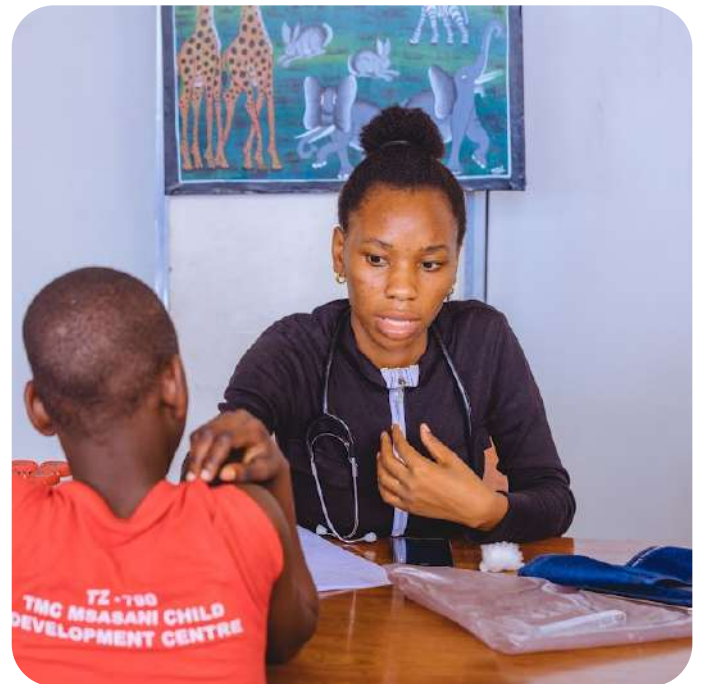
ACHIEVEMENTS

CHILDREN HEALTH CHECK (CHECK) PROJECT



The CHECK Project is an ongoing medical outreach program that provides health check-ups and education to children and their caregivers.

Services provided include general clinical assessments including screening for dermatological conditions, nutritional assessments, and point of care rapid tests for malaria and urinary tract infections.



212

vulnerable children were served through provision of medical check-ups and health education to children and their caregivers at Mikocheni, Dar es Salaam.

ACHIEVEMENTS

ULTRASOUND SERVICES



20

community elders were provided with free ultrasound services at Mnazi mmoja grounds in Dar es Salaam during the World Older Persons Day

50

pregnant women in Kigamboni, Dar es Salaam were provided with free ultrasound services



ACHIEVEMENTS

COMMUNITY OUTREACH PROGRAMS



We conducted general community outreach program in Kibaha, Pwani region

167

individuals of different age groups were served through provision of free medical check-up and health education.



ACHIEVEMENTS

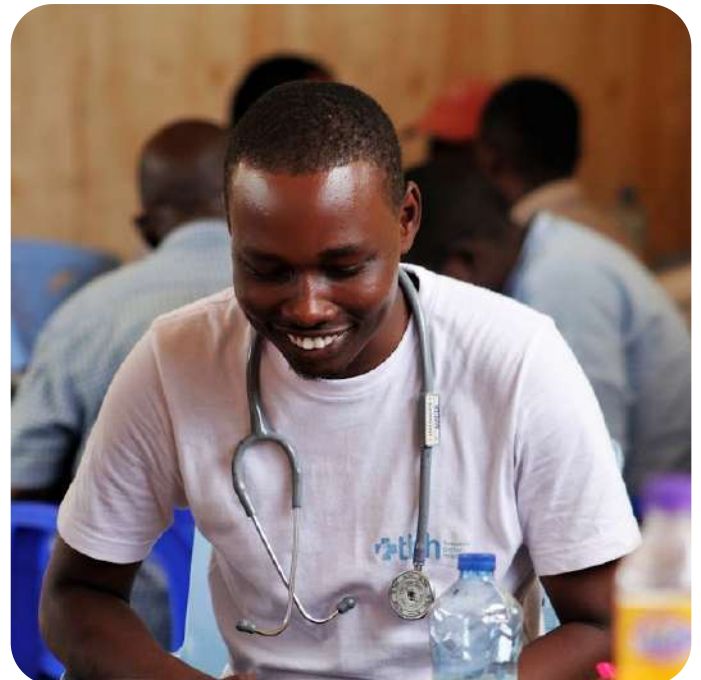
PUBLIC HEALTH EDUCATION



Health education on prevention of communicable diseases such as HIV, sexually transmitted diseases and the risk behaviours as well as health education on prevention of non-communicable and nutritional disorders was provided through social media platforms

266

subscribers and followers were reached via Twitter, Facebook and Instagram



ACHIEVEMENTS

TRAINING AND SUPPORT SERVICES



760

locally-made cloth face masks
and distributed to individuals
and to a health facility as a
strategy to fight the Covid-19
Pandemic

10

volunteers were trained on
provision of health education
to the community



SHORT TERM AND LONG-TERM GOALS



SHORT TERM GOAL

The short-term goal is to reach more women, children and adolescents especially in remote areas through the outreach programs.

LONG TERM GOAL

The long-term goal is to establish a health facility with specialized services for women, children, and adolescents. The health facility will provide services at a subsidized cost for vulnerable groups. Further, revenues obtained from clients who can afford the services will be channelled towards supporting other TBH community programmes.

CHALLENGES



MEDICAL EQUIPMENT AND HEALTH EDUCATION FACILITIES

Due to the large number of individuals to be served especially for children and pregnant women during the outreach programs, the medical equipment and other supplies including health education facilities do not meet the demand.

TRANSPORT

The organization aims to reach vulnerable groups and those in hard-to-reach areas. Means of transport to reach remote areas has been a huge challenge.

PERMANENT CENTER FOR TBH ACTIVITIES

Currently, TBH operates in a rental office which is not permanent. Having a permanent center (secured land) dedicated to TBH activities can accommodate needs. This center can also be a potential area for establishing a health facility specialized in the provision of services for women, children and adolescents.

OUR SOCIALS



Tanzania Better Health



tanzaniabetterhealth



@better_tanzania



Tanzania Better Health

DONATIONS

Bank Name

CRDB Bank Plc

Bank Branch

Azikiwe Premier

Account Name

Tanzania Better Health

Account No.

015C499231700

Swift Code

CORUTZTZXXX

